

SUPPORTING OUR NHS PEOPLE

with the RISING COST of LIVING

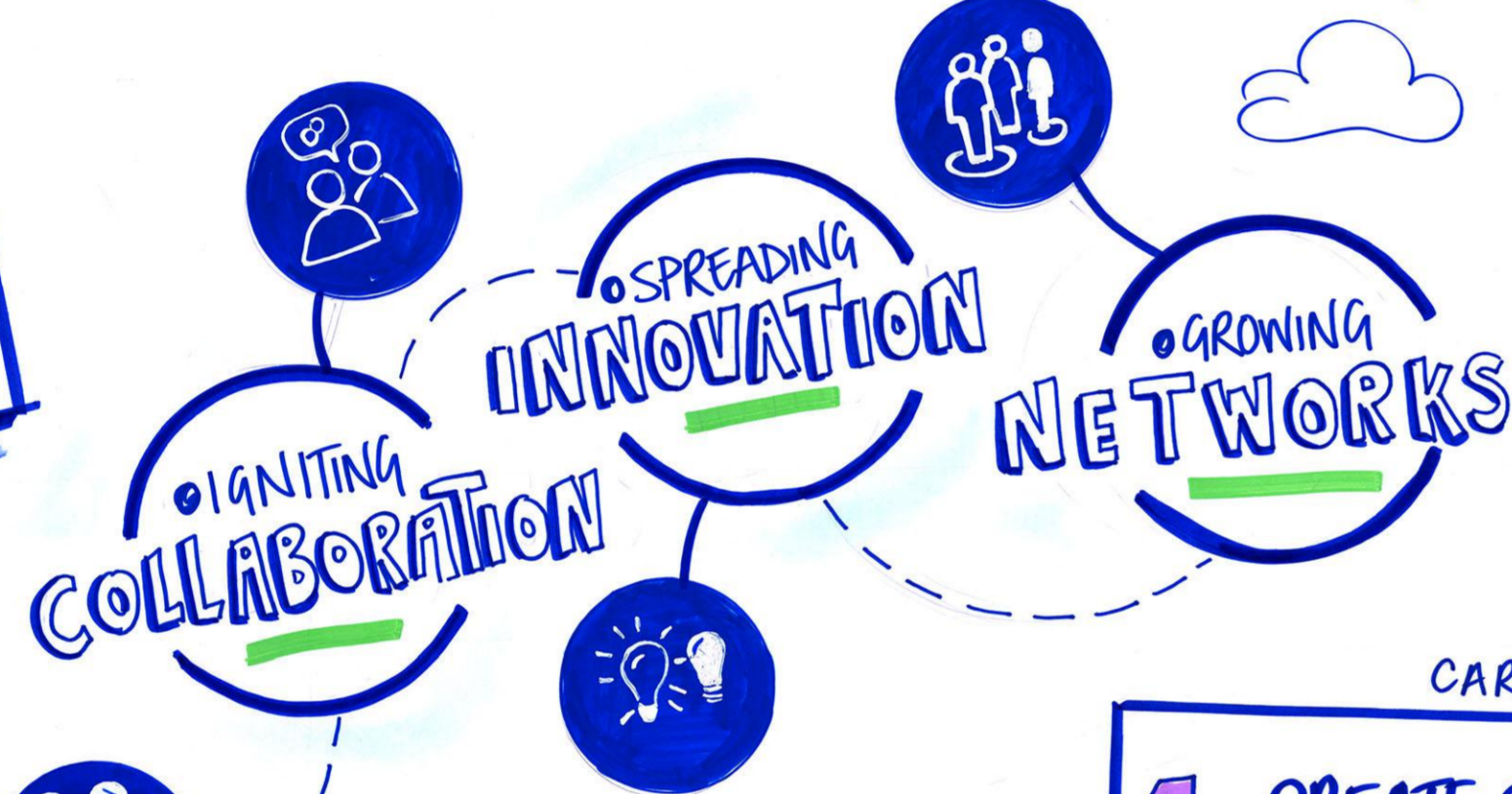
→ 23RD MARCH 2023

PROJECT AIMS:

IDENTIFY IDEAS & APPROACHES THAT CAN SUPPORT NHS STAFF WITH THE RISING COST OF LIVING & CREATE A SUPPORTIVE COMMUNITY OF PEOPLE COMMITTED TO WORKING TOGETHER TO MAKE CHANGE HAPPEN

TODAY: CELEBRATE THE WORK DONE AND LEARN FROM EACH OTHER

THANK YOU FOR BEING ENGAGED SHARING STORIES



WHAT IS YOUR GIFT...

BUILDING A LEARNING COMMUNITY



- EXEC'S AS ALLIES
- RAISE PROFILE & SPREAD MESSAGE
- BE BRAVE & BE BOLD
- BECOME BEST FRIENDS WITH FINANCE
- EVIDENCE, DATA, MONEY

1. CREATE SPONSORSHIP
2. CREATE OPPORTUNITIES TO HAVE A CONVERSATION
3. PERSONAL COMMITMENT & RESILIENCE
4. UNDERSTAND MONEY & WHERE TO FIND IT
5. MAKE THE CASE FOR CHANGE

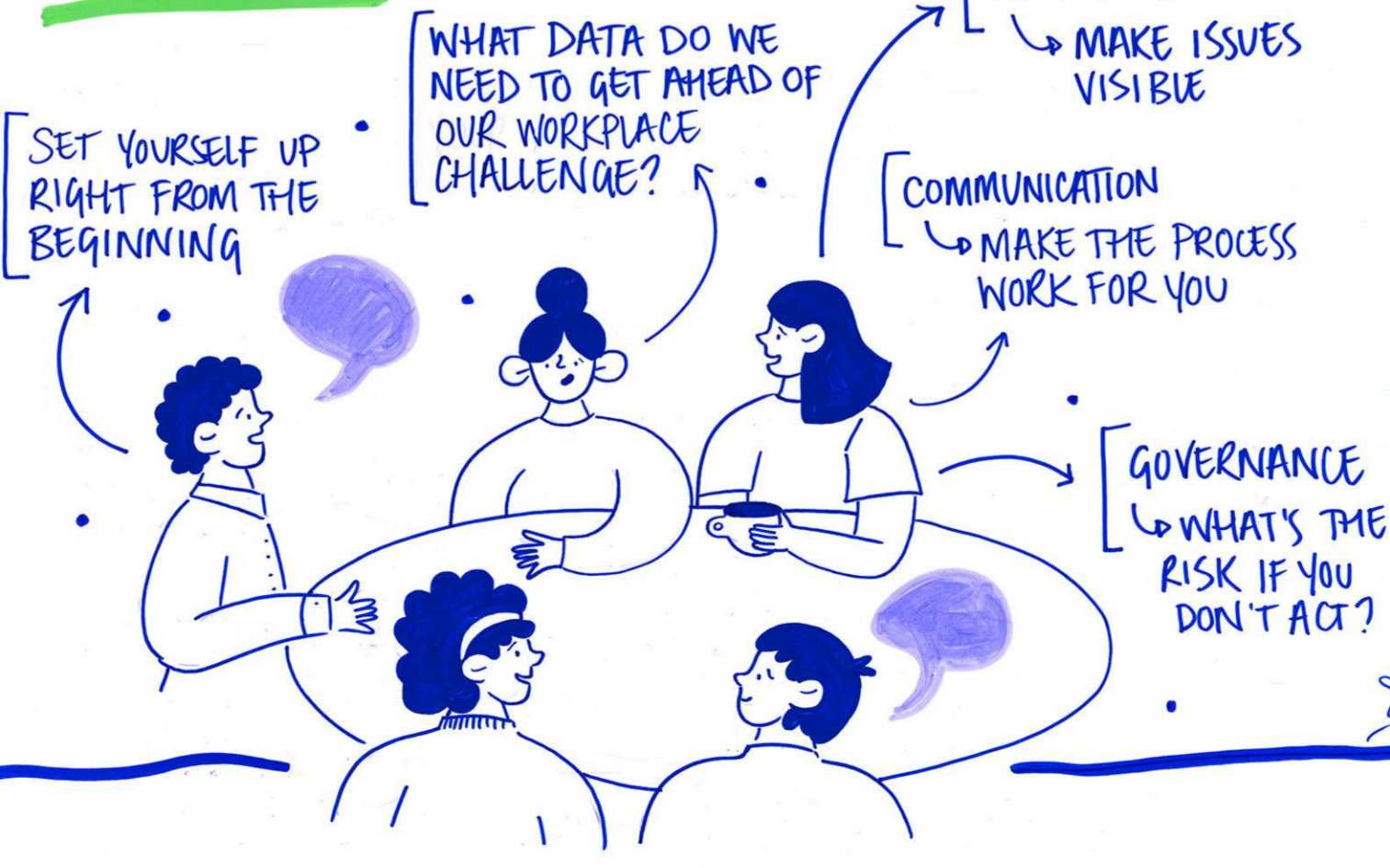
BE BRAVE

KNOW YOUR SPHERE OF INFLUENCE, CONTROL & CONCERN

75% INCREASE IN MORALE

"I'M CURIOUS ABOUT..."

LEADERSHIP & INFLUENCE:



CHANGE TAKES TIME

32% OF PEOPLE WERE SKIPPING BREAKFAST, SO WE...
 • LED THE WAY
 • USED DATA
 • REMOVED STIGMA & PUT ON BREAKFAST FOR EXF STAFF

LEARNING JOURNEY:



SMALL RESEARCH PROJECT ON PERCEPTIONS OF FLEXIBLE WORKING WITH MANAGERS.
 → OPEN QUESTION SURVEY
 NOTICED:
 1. EDUCATION OF MIDDLE MANAGERS NEEDED
 2. DIFFERENT UNDERSTANDING IN MEANING

IMPACT OVER TIME



REFLECTIONS

EVALUATION

HOW DO WE ASK OUR STAFF WHAT THEY ACTUALLY NEED?
 THINK ABOUT:
 - HOW WE INTERVIEW
 - ONBOARDING
 RECRUITMENT FOR REFUGEES

1 in 23 HAVE HAD HEALTH & WELLBEING TRAINING

HOW DO WE SPREAD WHAT WE'VE DONE
 HOW DO WE MEASURE?

YOU'RE NOT ON YOUR OWN

NHS Employers



1. DO LESS, DO IT BETTER
 2. IT TAKES TIME TO SEE THE IMPACT OF CHANGE



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