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**Information about staff benefits /**

**staff reward**

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**Further details and accessing your reward package**

Use this section to highlight where staff can access their reward package as well as a

contact if needed.

**Accessing your Total Reward Statement**

Total reward statements are designed to help you understand and appreciate your overall reward package for working in the NHS and for your organisation. This includes

a breakdown of your NHS Pension and the local

benefits from your organisation.

You can access your TRS via ESR employee self-service or, the employee facing

TRS portal.

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**Some of the benefits you can access**

Use this section to highlight a variety of your benefits. Make sure you include the NHS Pension Scheme, annual leave allowance, terms and conditions of service and benefits from each of the following categories:

**Financial wellbeing:**

• salary sacrifice

• childcare vouchers

• staff loans

• travel pass scheme

**Physical wellbeing:**

•   local staff discounts

• on site social clubs

• on boarding support

• staff sports teams

• staff networks

• gym discounts

**Mental health and wellbeing benefits:**

• self-referral to occupational health

• counselling and mentoring

• mindfulness events

• health checks