

# BACK IN WORK FURTHER INFORMATION AND QUICK LINKS

Part six of the Back in work back pack

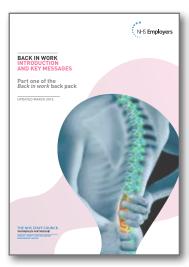


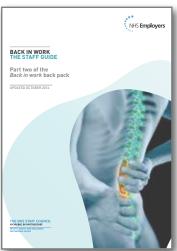
## **BACK IN WORK**

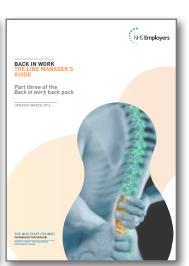
# **Contents**

Resources	3
Legislation and regulations	3
NHS Employers publications and webpages	3
Health and Safety Executive (HSE)	3
Further information about body mapping	3
Further information and resources for safety representatives on various related topics	3
Other useful sources of information	4
Acknowledgements	4

Part six (of six) of the Back in work back pack.











### Resources

## Legislation and regulations

The Management of Health and Safety at Work Regulations 1999

http://www.legislation.gov.uk/uksi/1999/3242/contents/made and its amendment in 2006 http://www.legislation.gov.uk/uksi/2006/438/contents/made

Manual Handling Operations Regulations 2002 (amended)

http://www.hse.gov.uk/foi/internalops/ocs/300-399/313\_5.htm

Safety Representatives and Safety Committee Regulations 1977 (as amended)

http://www.legislation.gov.uk/uksi/1977/500/made

Equality Act 2010

http://www.legislation.gov.uk/ukpga/2010/15/contents

The Health and Safety at Work etc. Act 1974

http://www.legislation.gov.uk/ukpga/1974/37/contents

Workplace (Health, Safety and Welfare) Regulations 1992

http://www.legislation.gov.uk/uksi/1992/3004/contents/made

The Display Screen Equipment Regulations 2002

http://www.hse.gov.uk/msd/dse/guidance.htm

Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR) http://www.hse.gov.uk/pubns/indq453.pdf



Health, Safety and Wellbeing Partnership Group Workforce Health and Safety Standards http://www.nhsemployers.org/HealthyWorkplaces/Keeping-staff-well/HSWPG/Pages/POSHHExecutiveMeetings.aspx

The partnership review of ill health retirement, injury benefit and sickness absence in the NHS, published in March 2008

http://www.nhsemployers.org/Aboutus/Publications/Pages/PartnershipReviewOfIllHealthFinal.aspx

Managers guide on sickness absence – musculoskeletal disorders

http://www.nhsemployers.org/HEALTHYWORKPLACES/ACTION-ON-ABSENCE/Pages/ManagersGuideOnSicknessAbsence-MusculoskeletalDisorders.aspx

# Health and Safety Executive (HSE)

HSE guides to Risk Assessment and Risk Management http://www.hse.gov.uk/risk/index.htm

HSE Stress Management Standards

www.hse.gov.uk/stress/standards/index.htm

Health and Safety Executive – report 2007 – Risk assessment and process planning for bariatric patient handling pathways

www.hse.gov.uk/research/rrhtm/rr573.htm

# Further information about body mapping

www.hazards.org/diyresearch/ http://www.hse.gov.uk/campaigns/european/index.htm



#### **BACK IN WORK**

# Further information and resources for safety representatives on various related topics

Ergonomics

www.tuc.org.uk/h\_and\_s/ergonomics.cfm

Machinery and equipment (including moving and handling equipment) www.tuc.org.uk/h and s/work and lifting equipment.cfm

Work-related upper limb disorders

http://www.tuc.org.uk/workplace-issues-37

Display screen equipment

http://www.tuc.org.uk/workplace-issues/health-and-safety/display-screen-equipment

## Other useful sources of information

The **Work Foundation** is an independent research consultancy advising organisations and policymakers.

The **Disabled Living Foundation** is a national charity that provides free, impartial advice about all types of daily living equipment for disabled adults and children, older people, their carers and families.

The **Chartered Society of Physiotherapy** is a member-led organisation governed by an elected council. It provides a wide range of member services and campaigns on behalf of physiotherapists and the physiotherapy profession.

The **National Back Exchange** is a multidisciplinary group for those with an interest in backcare and the prevention of work-related musculoskeletal problems.

**BackCare** is a national charity that aims to reduce the impact of back pain on society by providing, information, support, promoting good practice and funding research.

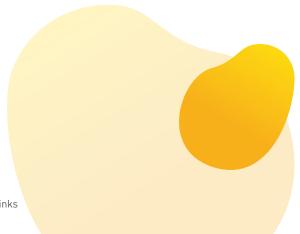
The **Royal College of Nursing** is a membership organisation representing nurses and nursing in the UK.

**UNISON** represents employees who are spread across seven service groups, covering the energy, healthcare, higher education, local government, police staff, transport and water and environment industries.

The Independent Healthcare Advisory Services (IHAS) brings together its subscribing members from across the independent healthcare industry to share knowledge, expertise and innovation for the common good.

# **Acknowledgements**

Kind thanks go to the members of the Back in Work Steering Group. Special thanks go to Jane Charlton, manual handling advisor, West Sussex County Council, who first developed the assessment tool, and Amanda Parker, back care advisor, Derby Hospitals NHS Foundation Trust, who assisted in the further development of the tool. Also to Kim Sunley, RCN, who drafted the safety representative's section and Donna Steele, CSP, who edited the line manager's guide.



## **NHS Employers**

The NHS Employers organisation is the voice of employers in the NHS, supporting them to put patients first. Our vision is to be the authoritative voice of workforce leaders, experts in HR, negotiating fairly to get the best deal for patients.

We help employers make sense of current and emerging healthcare issues to ensure that their voice is front and centre of health policy and practice. We keep them up to date with the latest workforce thinking and expert opinion, providing practical advice and information, and generating opportunities to network and share knowledge and best practice.

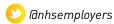
We work with employers in the NHS to reflect their views and act on their behalf in four priority areas:

- pay and negotiations
- recruitment and planning the workforce
- healthy and productive workplaces
- employment policy and practice.

The NHS Employers organisation is part of the NHS Confederation.

#### **Contact us**

For more information on how to get involved in our work, email *Healthworkandwellbeing@nhsemployers.org* www.nhsemployers.org



nHS Employers

www.youtube.com/nhsemployers

NHS Employers

50 Broadway 2 Brewery Wharf London Kendell Street SW1H 0DB Leeds LS10 1JR



Originally published August 2009, updated March 2014. © NHS Employers 2009 and 2014. This document may not be reproduced in whole or in part without permission.

The NHS Confederation (Employers) Company Ltd. Registered in England. Company limited by guarantee: number 5252407

Ref: EGUI24601