A conversation about POWER
Our intentions …

- Provide a chance to talk and experience what is often not talked about….Power
- Encourage some discovery and spark some new curiosities
- Experience and test out the visual conversation tool developed
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@NHSE_DoOD
Our session:
Activity 1: Me and Power…

- Build a simple model (less than 8 bricks) to show your current relationship with/to POWER

5mins build time
Model Sharing…

• Now share your models on your tables

- **20 seconds each** - Or about one breath of explanation

• Listen with eyes as well as ears

• Nominate a time keeper

• Reflect and repeat…
Take a picture and then please recycle your models
Reflections
Activity 2a: The Always, Don’t and Could…

Individually, spend some time exploring the different pictures. Pay attention to what you notice and to what you think and feel. Start and end wherever you choose.
Activity 2b: The Always, Don’t and Could…

Invite two others to form a trio and use the discovery questions to spark a conversation in the picture gallery.

Discovery Questions

- What do you see?
- What attracts and what distances you?
- What common themes and key messages do you notice that resonate with you and your work?
- What would or should be a focus for you, your team or your part of the organisation?

Touch and explore the pictures. Capture any reflections, insights and curiosities.
Reflections
So ..... Final thoughts

Power is ....
Power is like …..

Thoughts on the day….
A Gift......

A visual conversation tool created by DO OD and our NHS OD community to help you continue the conversation with others and to begin to make power conversations part of our everyday...
That was a conversation about…POWER

What’s the next one you need to have?

Thank You
Thanks to our NHS OD community colleagues who helped to shape and create this resource with us.

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As Project lead a big thank you to everyone who helped shape this resource! Karen

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Our NHS OD community

#NHSDoOD