

Health and wellbeing network conversation

Wednesday 24 July

2pm – 3pm

Our last network conversation took place in July and focused on evaluation. We had over 30 health and wellbeing leads who shared similar challenges and best practice, this included:

- South Tyneside and Sunderland NHS Foundation Trust survey their staff through the [Better Health at Work Award](#) to find out what staff want.
- Sheffield Teaching Hospitals NHS Foundation Trust added a question into their Friends and Family Survey to gauge what would help staff with health and wellbeing.
- North East London Foundation Trust produce a monthly exception report that is shared with all members of the board it includes the health and wellbeing theme of the month, interventions and attendance.
- South West Yorkshire Partnership NHS Foundation Trust use the Robertson Cooper licence survey to engage with their staff.
- Most trusts on the call use all the data available to them such as, [sickness absence](#) rates, occupational health data, [staff survey](#), [friends and family survey](#) and data from interventions.
- Other trusts on the call said they use all the available data to them and focus on areas of the workforce that don't engage in interventions and tailor engagement.

We also talked about tools that can help you with your evaluation approach:

- [Eight elements of workplace wellbeing](#) – the evaluate and act section
- [Evaluating your health and wellbeing programme](#)
- [Understanding demographics and metrics](#)
- [NHSI making data count](#) - these practical, interactive guides are suitable for those working at all levels in the NHS, from ward to board, and will show you how to make better use of your data.

If you have any comments please email us at healthandwellbeing@nhsemployers.org