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**Information about staff benefits / staff reward**

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**Accessing your Total Reward Statement**

Total reward statements are designed to help you understand and appreciate your overall reward package for working in the NHS and for your organisation. This includes

a breakdown of your NHS Pension and the local benefits from your organisation.

You can access your TRS via ESR employee self-service or, the employee facing TRS portal.

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**Financial wellbeing:**

• salary sacrifice

• childcare vouchers

• staff loans

• travel pass scheme

**Physical wellbeing:**

•   local staff discounts

• on site social clubs

• on boarding support

• staff sports teams

• staff networks

• gym discounts

**Some of the benefits you can access**

Use this section to highlight a variety of your benefits. Make sure you include the NHS Pension Scheme, annual leave allowance, terms and conditions of service and benefits from each of the following categories:

**Mental health and wellbeing benefits:**

• self-referral to occupational

health

• counselling and mentoring

• mindfulness events

• health checks

**Further details and accessing your reward package**

Use this section to highlight where staff can access their reward package as well

as a contact if needed.