

# Psychotherapist

Sarah is applying for a position as a psychotherapist in her local trust. This position involves both face-to-face and telephone interaction with adults in receipt of health care at New-Town University Hospital.

## **Eligibility**

Psychotherapy and counselling (but not life coaching) is regarded as a regulated activity if it is provided to an adult who is receiving health care from, or under the direction or supervision of a health care professional. This position **is eligible for an enhanced check with adults barred list information.**

This is regardless as to whether psychotherapy and counselling is provided to the adult face-to-face and/or over the telephone.