Reduce people's work pressures and ensure staffing levels are safe

This guidance aims to help you create a local approach to staff engagement in the context of the wider workforce strategy for your organisation and its overall approach to staff experience.



Addressing workload and other pressures can be obstacles to sustaining staff engagement.

Not only can you improve levels of engagement, you can also improve patient safety and staff wellbeing by ensuring that your workforce is not

overloaded or feeling under pressure to deliver above its capacity. This can also reduce burnout.

United Hospitals Leicester was able to address workload through improved staffing levels as a key part of its overall approach to staff experience and staff engagement.