

The Prince's Trust is a youth charity which helps disadvantaged young people gain the skills and confidence they need to find a job or begin training.

The unique support offered by the Prince's Trust can help NHS organisations to recruit and retain young people to support their workforce supply challenges.

This infographic shows the different NHS career pathways three young people have taken since completing a Prince's Trust programme.

## Get Into Programme

**Duration is flexible, typically 4-8 weeks**

This in-depth programme focuses on increasing young people's chances of securing employment within the sector. It lasts between four to six weeks and is a combination of class-based learning and hands-on work placements.

## Get Started Programme

**2 -3 days**

A two to three day intensive programme of placement, employability skills training and multiple organisation interview.



### Mentoring

The Prince's Trust provides one to one mentoring support for those on either programme for up to six months after completion.

## EXAMPLE PATHWAYS



**Bilqees**  
at Cambridge University  
Hospitals NHS Trust

Undertook The Prince's  
Trust's **Get into Hospitals**  
programme

Completed her two-week  
placement with Medirect as  
a housekeeper

Secured a Health Care  
Assistant role **JOB**

Completed her National  
Care Certificate and trained  
as a diabetes champion and  
mental health first aider

Plans to become a nurse



**Ryan**  
Norfolk and Norwich  
University Hospitals NHS  
Foundation Trust

Undertook The Prince's  
Trust's **Get into Health  
and Social Care**  
programme

Accepted for an  
apprenticeship

Led to a job as a Medical  
Secretary **JOB**

Hopes to progress into a  
higher role

"I feel that my life is so  
much better now. I can save  
for the things that I want in  
life.."



**Macauley**  
East Lancashire Hospitals  
NHS Trust

Undertook The Prince's  
Trust's **Get into Hospitals**  
programme

Enjoyed his work  
placement as an  
administrator

Gained a job as a  
Temporary Orthotic  
Administrator **JOB**

Secured a position as a  
Ward Clerk **JOB**

Became a Patient Flow  
Administrator **JOB**

Gained a higher banded  
role as a Diabetic Foot  
Team Co-ordinator **JOB**

"I am proud of my progress  
so far and am so happy that  
I took part in the  
programme."

## DID YOU KNOW...

### RETENTION

28 per cent of nurses and health visitors leave the NHS within the first three years of their service.



### AGEING WORKFORCE

1/3 midwives are over 50 and eligible to retire at 55  
1/3 nurses are aged between 45-54 years.



### RECRUITMENT

There are 38,000 nursing vacancies in England. The gap between staff needed and the number available could reach almost 250,000 by 2030.



### A WORKFORCE SUPPLY SOLUTION

According to the most recent government statistics there are over 797,000 young people not in employment, education, or training.



## WHAT PEOPLE THOUGHT

"The Division has never looked back since partnering with the Prince's Trust Programme. Although the programme is so valuable to the individuals involved I have to say it has been and continues to be a great asset to ELHT. We get individuals who have already been nurtured by the Prince's Trust and by the time they enter ELHT they have already been learning key skills to assist them within the work environment."

**Jim Maguire** - East Lancashire Hospitals NHS Trust, Director of Estates and Facilities

"The Prince's Trust recommended a Get into Hospital Services programme. The programme changed my life. It helped me with my confidence, my mental health and my whole outlook on life. I had my spark back. I cannot thank The Trust enough for what they have done for not only me, but for my family and friends too. They helped me discover me again."

**Alice Schollar**, Healthcare Assistant

"The Prince's Trust programme seemed like a great opportunity, I wanted to be the best that I could be. I can't quite believe how well I've done. I've got a career and I'm really proud of myself."

**Heather Sykes**, Physiotherapy Technician