SUPPORTING OUR NHS PEOPLE WITH THE RISING COST OF LIVING

PROJECT AIMS:
- Quantify the cost and assess the impact
- Establish a sustainable solution
- Mobilize the community

LEADERSHIP & INFLUENCE:
1. Create sponsorship
2. Create opportunities to have a conversation
3. Personal commitment & resilience
4. Understand money & where to find it
5. Make the case for change

LEARNING JOURNEY:
- Be brave, be genuine, be vulnerable
- Learn from the journey of others
- Be open to new ideas

WHAT IS YOUR GIFT?
- Experience sharing
- Execs as allies
- Share people's stories
- Be a voice for change
- Share your experiences

IMPACT OVER TIME:
- Increase understanding
- Change attitudes
- Improved confidence
- Better decisions

EVALUATION MEASURES:
- Reflections
- Impact on the people engaged
- Changes in attitudes and behaviors
- Feedback from participants

YOU'RE NOT ON YOUR OWN:
- Support from colleagues
- Collaboration with others
- Resources available

NHS Employers

Q. DO LESS, DO IT BETTER
- It takes time to see the impact of change

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